



Fond du Lac Senior Center...where friends meet!

151 E. First Street 322-3630

# November 2013



Monday	Tuesday	Wednesday	Thursday	Friday
<b>JOIN US FOR LUNCH!</b> Lunch is served at the Senior Center at 11:45 a.m. every Monday—Thursday through FDL County's Dept. of Senior Services Dining Program. Call 929-3937 for reservations. Menus available.  Senior Dining Fellowship, Food & Fun		<b>Underlined events and programs require pre-registration.</b> <b>Special Events &amp; "Once-a-month" Activities</b> <b>MPTC Classes</b> <b>Senior Center Art &amp; Rec Classes</b> <b>Happy Travelers Trips</b>		<b>1</b> 10:00 Red Hat Chorus 12:30 / 1:45 Wii Bowling League 1:00 Memory Writers Group 1:00 Pinochle 1:15 Sheepshead <b>2 Saturday</b> 10:00 Beg. Line Dancing Class
<b>4</b> 9:00 Bagels with a Broker Speaker: Phil Shepherd, Attorney "Estate Planning" 9:00 Low Impact Exercise 9:00 Woodcarving Club 1:00 German Club 1:00 Poker 1:15 Sheepshead 3:45 Walk Live! 5:00 TOPS #1159 5:30 Zumba Gold 7:00 Beginning Dance Class	<b>5</b> 8:30 8-Ball Pool League 9:00 Tai Ji 9:00 Skat 9:30-1:30 Consignor Intake 10:00 Oil Painting Class 10:00 Singing Class 12:45 Bridge 1:00 Bingo—sponsor: <i>Rienzi Cemetery</i> 1:00 Watercolor Class 3:00 Mixed Media Class 6:00 Woodworkers (Horace Mann HS)	<b>6</b> 8:30 9-Ball Pool League 8:30 SCAMP 9:00 Linettes 9:00 Handchimes 10:10 Video Exercise 12:00 MPTC Microsoft Excel 12:00 Hand & Foot 1:00 Cribbage 1:00 Canasta 1:15 Sheepshead 7:30 Dance: Bob & Marilyn D.J. / Variety & Karaoke Happy Travelers: Fireside Christmas	<b>7</b> 8-3 Foot Care 9:00 Preventing Falls / Winter Safety Mary Johnson-Clarity Care 9:00 Handchimes 10:00 Scrapbook Club 10:30 MPTC Beginning Yoga 12:00 MPTC Microsoft Excel 12:00 ROMEO: Sunset on the Water 12:45 Bridge 1:00 Flying Geese Quilting Club (not meeting in November) 1:00 Art Club 3:45 Walk Live! 6:00 Char-tastic Crafters 6:00 TOPS 0566 6:00 Line Dancing Class	<b>8</b> <b>8-1 PANCAKE BREAKFAST</b> Wellness Morning 9-10 Health Screenings / Booths 9:15-10 DVD: Become Educated Patient 10-11 Odd Month Bingo 10:00 Red Hat Chorus 12:30 / 1:45 Wii Bowling League 1:30 ONLINE BANKING 1:00 Memory Writers Group 1:15 Sheepshead <b>9 Saturday</b> 10:00 Beg. Line Dancing Class <b>10 Sunday</b> 6:00 Model RR Hobbyists
<b>11</b> 9:00 Low Impact Exercise 9:00 Woodcarving Club 1:00 German Club 1:00 Poker 1:15 Sheepshead 1:00 THE POWER OF COLOR Alexandra Benz 1:00 MPTC Intro to Windows 7 3:45 Walk Live! 5:00 TOPS #1159 5:30 Zumba Gold 6:30 FDL Area Writers Club 7:00 Beginning Dance Class	<b>12</b> 8:30-11 Lipid Panel + Glucose and Vitamin D Screenings 8:30 8-Ball Pool League 9:00 MPTC Computer Basics 1 9:00 Tai Ji 9:00 Skat 9:30-1:30 Consignor Intake 10:00 Oil Painting Class 10:00 Singing Class 12:45 Bridge 1:00 MPTC Beg. Digital Cameras 1:00 Bingo-sponsor: <i>Comfort Keepers</i> 1:00 Watercolor Class 1:00 Stitchery 3:00 Mixed Media Class 3:15/5:15/6:45 Card Making w/Jana 6:00 Woodworkers Mtg. at Senior Center 6:30 Coin Club	<b>13</b> 8:30 9-Ball Pool League 8:30 SCAMP 9:00 MPTC Computer Basics 1 9:00 Linettes 9:00 Handchimes 10:10 Video Exercise 12:00 Hand & Foot 1:00 MPTC Connect on Facebook 1:00 Cribbage 1:15 Sheepshead 7:30 Dance: Roger & Eddie Accordion & Guitar Old Time & Variety	<b>14</b> 8-3 Foot Care 9:00 MPTC Computer Basics 1 9:00 Handchimes 10:00 Scrapbook Club 10:30 MPTC Beginning Yoga 12:30 MOVIE: "The Great Gatsby" 12:45 Bridge 1:00 Art Club 3:45 Walk Live! 6:00 TOPS #0566 6:00 Line Dancing Class 7:00 Sunset Stitchers Quilters	<b>15</b> 8:30 SCAC Meeting 10:00 Red Hat Chorus 12:30 / 1:45 Wii Bowling League 1:00 Memory Writers Group 1:15 Sheepshead Supper Club— Knights of Columbus 5:00 Social; 5:30 Dinner <b>16 Saturday</b> 10:00 Beg. Line Dancing Class 10:00 Bob Ross Painting Class
<b>18</b> 8:00 Newsletter Assembly 9:00 Low Impact Exercise 9:00 Woodcarving Club 9:30 Book Club The Great Gatsby by F.Scott Fitzgerald 1:00 German Club 1:00 Poker 1:15 Sheepshead 3:45 Walk Live! 5:00 TOPS #1159 5:30 Zumba Gold 7:00 Beginning Dance Class	<b>19</b> 7:30 TRIAD Meeting (Sheriff's Office) 8:30 8-Ball Pool League 9:00 MPTC Computer Basics 2 9:00 Tai Ji 9:00 Skat 9:30-1:30 Consignor Intake 10:00 Oil Painting Class 10:00 Singing Class 12:45 Bridge 1:00 Bingo—sponsor: <i>ResCare Home Care</i> 1:00 Watercolor Class 3:00 Mixed Media Class 6:00 Woodworkers (Horace Mann HS)	<b>20</b> 8:30 9-Ball Pool League 8:30 SCAMP 9:00 MPTC Computer Basics 2 9:00 Linettes 9:00 Handchimes 10:10 Video Exercise 12:00 Hand & Foot 1:00 Cribbage 1:00 Canasta 1:15 Sheepshead 7:00 Stamp Club 7:30 Dance: Leota, Gerry & Syl Accordion & Guitar Old Time & Variety	<b>21</b> 8-3 Foot Care 9:00 MPTC Computer Basics 2 9:00 Handchimes 10:00 Scrapbook Club 10:30 MPTC Beginning Yoga 12:45 Bridge 1:00 AARP Meeting Speaker: Julie Hilbert, Benefit Specialist 1:00 Post Office Poker 1:00 Art Club 3:45 Walk Live! 6:00 Char-tastic Crafters 6:00 TOPS #0566 6:00 Line Dancing Class	<b>22</b> 8:30 Friends Board Meeting 10:00 Red Hat Chorus 12:30 / 1:45 Wii Bowling League 1:00 Memory Writers Group 1:15 Sheepshead
<b>25</b> 9:00 Low Impact Exercise 9:00 Woodcarving Club 12:30 MOVIE: "The Great Gatsby" 1:00 Poker 1:00 German Club 1:15 Sheepshead 3:45 Walk Live! 5:00 TOPS #1159 5:30 Zumba Gold 7:00 Beginning Dance Class	<b>26</b> 8:30 8-Ball Pool League 9:00 Tai Ji 9:00 Skat 9:30-1:30 Consignor Intake 10:00-? Massage/Reflexology/Iris 10:00 Oil Painting Class 10:00 Singing Class 12:45 Bridge 1:00 Bingo-sponsor: <i>Shepherd Law</i> 1:00 Watercolor Class 1:00 Stitchery 2:00 Community Cares-Kindred Hearts 3:00 Wacky Races 3:00 Mixed Media Class 6:00 Woodworkers (Horace Mann HS)	<b>27</b> 8:30 9-Ball Pool League 8:30 SCAMP 9:00 Linettes 9:00 Handchimes 10:10 Video Exercise 12:00 Hand & Foot 1:00 Cribbage 1:15 Sheepshead 7:30 Dance: Carl & Gerry Concertina & Guitar Old Time/Variety	<b>28 CLOSED</b> 	<b>29 CLOSED</b> <b>AT OTHER LOCATIONS:</b> <b>BREAKFAST FOR THE BRAIN</b> Mondays & Wednesdays Nov. 4-20; 9:30-11:00 at the Aging & Disability Resource Center <b>COUNT YOUR BLESSINGS (Red Hat)</b> Tuesday, Nov. 12; 11:12 Sunset on the Water <b>NAVIGATING THE MAZE</b> Tuesday, Nov. 19; 2:00 FDL Lutheran Home

Happy Thanksgiving